



## 1. Staff

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Position	Name	Email	Consultation times and locations	Contact Details
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## 3. Strategies and approaches to learning

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### 3.1 Learning and teaching activities

The integrated acquisition of the graduate attributes, as partly indicated through assessment of the emphasis on learning and applying psychological and attitudes (KSAs) that should be useful in your university studies and beyond.

This course introduces you to the psychological science of resilience and related concepts such as student success and psychological well-being. This course involves flipped classroom (**FC**) delivery, where instead of attending two lectures, you are expected to undertake pre-practical tasks **prior to each practical**, where very experienced lecturer-tutors will engage interactively with you and that material.

**Pre-Practical Activities and Practical Classes:** Please see the Schedule below for more details. *In lieu of lectures, you are expected to undertake a minimum of 2 hours of preparatory work every week in advance of your scheduled practical.* You will find it difficult to engage successfully in the practical activities if you have not completed the preparatory work.

**Practical Participation:** Practicals are an essential and compulsory part of this course, and will involve interactive activities that build on the preparatory material, and assist in the development of learning outcomes. To benefit from and to contribute to practicals, preparation and completion of all preparatory work is required. Material relevant to the assignments will be presented and discussed in practicals.

### 3.2 Expectations of students

**Your practical session time:** You must attend the practical session to which you have been allocated. It will not be possible to switch or change practical classes once allocations are finalised.

**Practical session attendance:** Attendance will be recorded at the beginning of every practical. This course requires **100% practical attendance**.

Late-comers may be asked to leave, and all absences will be recorded. Attendance at face-to-face practicals and timely completion of online work is essential in accordance with UNSW Assessment Implementation Procedure.

**IMPORTANT: Practical classes start in Week 1.**

**Missing practicals:** Inadequate attendance (less than **100%** of all practicals) may result in failure to pass the course (whether or not you have medical certificates or other documentation). If you are unable to attend practicals because of sickness or other circumstances outside your control, this may be grounds for special consideration to drop the course without failure. Please contact Dr Sue Morris as soon as possible if this is the case.

For every 6-credit-unit course, you are expected to spend an average of **12 hrs per week on that course** this includes class-time, pre- and post-practical activities, outside class-time group work, data-gathering exercises, and the normal study time necessary to adequately complete assignments and examination study.

There will also be a **1-hour compulsory collaboration component** each week (your timetable). At this time, you are expected to meet with your group members to work on your group assignment. While on some occasions your group may choose to meet at a time other than that scheduled, or to collaborate online, it will be expected that you meet for *at least one hour per week* to complete your group assignment.

***Under no circumstances will employment be accepted as an excuse not to meet expectations for class participation, group work, or assessments.*** Remember, the terms are extremely short (final examinations will be upon you before you know it), so it is your responsibility to ensure that you do not fall behind with the ongoing assessment demands of the course.

It is expected that students are aware of UNSW Assessment policy and understand how to apply for special consideration if they miss a practical class or are unable to complete an assignment/exam due to illness and/or misadventure.

It is expected that students have read through the School of Psychology Student Guide.

Moodle contains lecture and practical materials, assessment materials, and any updated information. You are expected to check Moodle regularly. You are also expected to regularly check your UNSW email.

## 4. Course schedule and structure

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Each week this course typically consists of 2 hours of practicals, 1 hour of face to face collaboration, and 8-9 hours of non-class (self-determined) contact hours to complete prep-practical activities, assessments, readings, and exam preparation.

**Week**   **Practicals:**  
          **Tuesday 9-11am, 11am-**  
          **1pm, 1-3pm MAT227**

## 5. Assessment

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### 5.1 Assessment tasks

All assessments in this course have been designed and implemented in accordance with the UNSW Assessment Policy.

There are FOUR categories of assessment in this course, as outlined below.

Assessment task	Length	Weight	Mark	Due date
<b>Assessment 1:</b> Practical Assessments	Varied	20%	TBC	Weekly, Totals Week 5 and 10
<b>Assessment 2:</b> Self-Development	Varied	20%	/20	End Week 7
<b>Assessment 3:</b> Group assignment	Varied	20%	/20	Week 10 Practical class
<b>Assessment 4:</b> Final exam	2 hours	40%	TBC	Exam period

#### **Assessment 1- Pre-practical Activities (20%)**

Instead of formal lectures, there are a number of tasks associated with the practical classes that you will need to complete in advance of practical classes. For most practicals, there will be a reading (eg article and/or book chapter) to be completed **prior to the practical class each week**. Your understanding of that reading will usually be assessed by a pre-practical Moodle submission or quiz, as well as by in-class discussions. Each week you will also be expected to complete a number of short activities, all of which will need to be submitted on Moodle **PRIOR to your practical class**. These might include completing tasks on a website (e.g., The Fridge), collecting data (e.g., from yourself), reflections focused on how your thinking and behaviour may have changed as a result of this course, or finding an online resource. While each week you will see a number of tasks to complete, which may look somewhat overwhelming, please keep in mind that often these tasks simply require you to watch a video or do a short activity. You should attempt to complete every task before your practical class each week.

For all pre-practical submissions your work will be marked according to a **'gave it a good go' (GGG) policy**. That is, you will not be graded on each submission (i.e., Pass, Credit etc), but you will only receive the allocated mark by demonstrating that you put reasonable effort into completing the task, and submitted it on time (i.e. **before** the start of your practical class). Examples of violating the GGG

discussed something else), (b) not meeting the minimum requirements for the task (e.g., you were asked to









