

# SPRC

Social Policy Research Centre



**OUR VOICES SA**

[www.arts.unsw.edu.au/sprc](http://www.arts.unsw.edu.au/sprc)

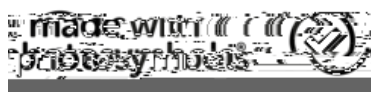
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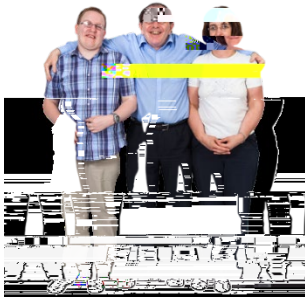


We used pictures from

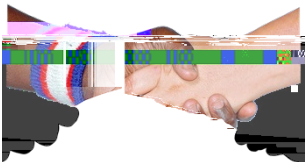


Bigstock and Photosymbols

# About this report



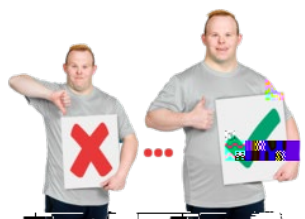
This report is about a project led by people with intellectual disability for other people with disability



The project was called Reaching Out.



Reaching Out was run by a group called Our Voice SA

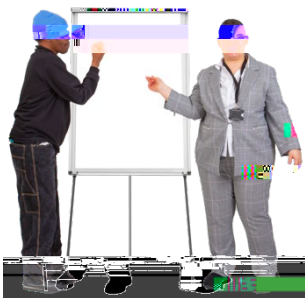


This report talks about what the project did well, and what the project could do better.

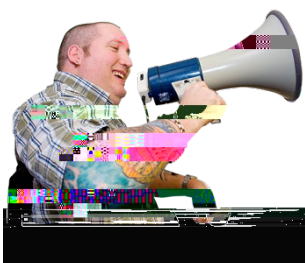
# About Our Voice SA



Our Voice SA is a **peer led self advocacy** group for people with intellectual disability.



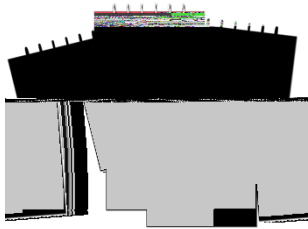
**Peer led** means people with intellectual disability run the group and are part of the group.



**Self advocacy** means having a say about things that matter to you.



Our Voice SA has over 80 active members.

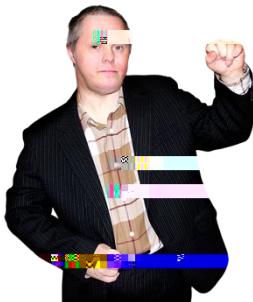


Our Voice SA meets monthly.

Our Voice SA do things to help people with intellectual disability like



feel part of their community.



know their rights.



speak out about the things that matter to them.



Our Voice SA help services and government to work better with people with intellectual disability.

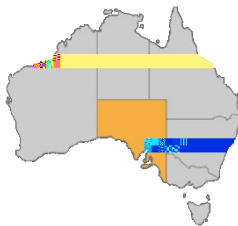
# About the Reaching Out Project



The Reaching Out Project wants to connect to more people with intellectual disability.



The project is 3 years long



The project works with people with intellectual disability in South Australia.



It worked with people in the city and country.

## About the s



## How we did the study

The study uses **co design**.

**Co design** means a person with

## What did Our Voice SA do well?



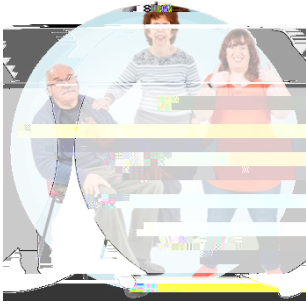
Our Voice SA did lots of things in the project like



work with services that run group homes

work with services and people in the country.

run workshops



run **peer support** groups.

**Peer support** means connecting to other people with disability.



help people with intellectual disability to be peer-leaders.

# What Our Voice SA can do better



Our Voice SA can make the project better by doing things like



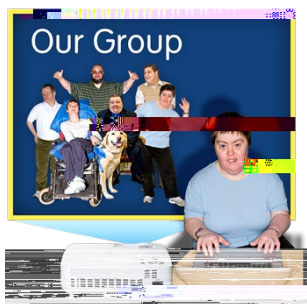
work with services and organisations



help services to understand why self advocacy is important



work with people from different backgrounds, like Aboriginal people



use different technology and videos

## More information

**More information** about the study is on the SPRC website.

You can click this link to find out more:

<https://www.unsw.edu.au/arts-design-architecture/our-research/research->