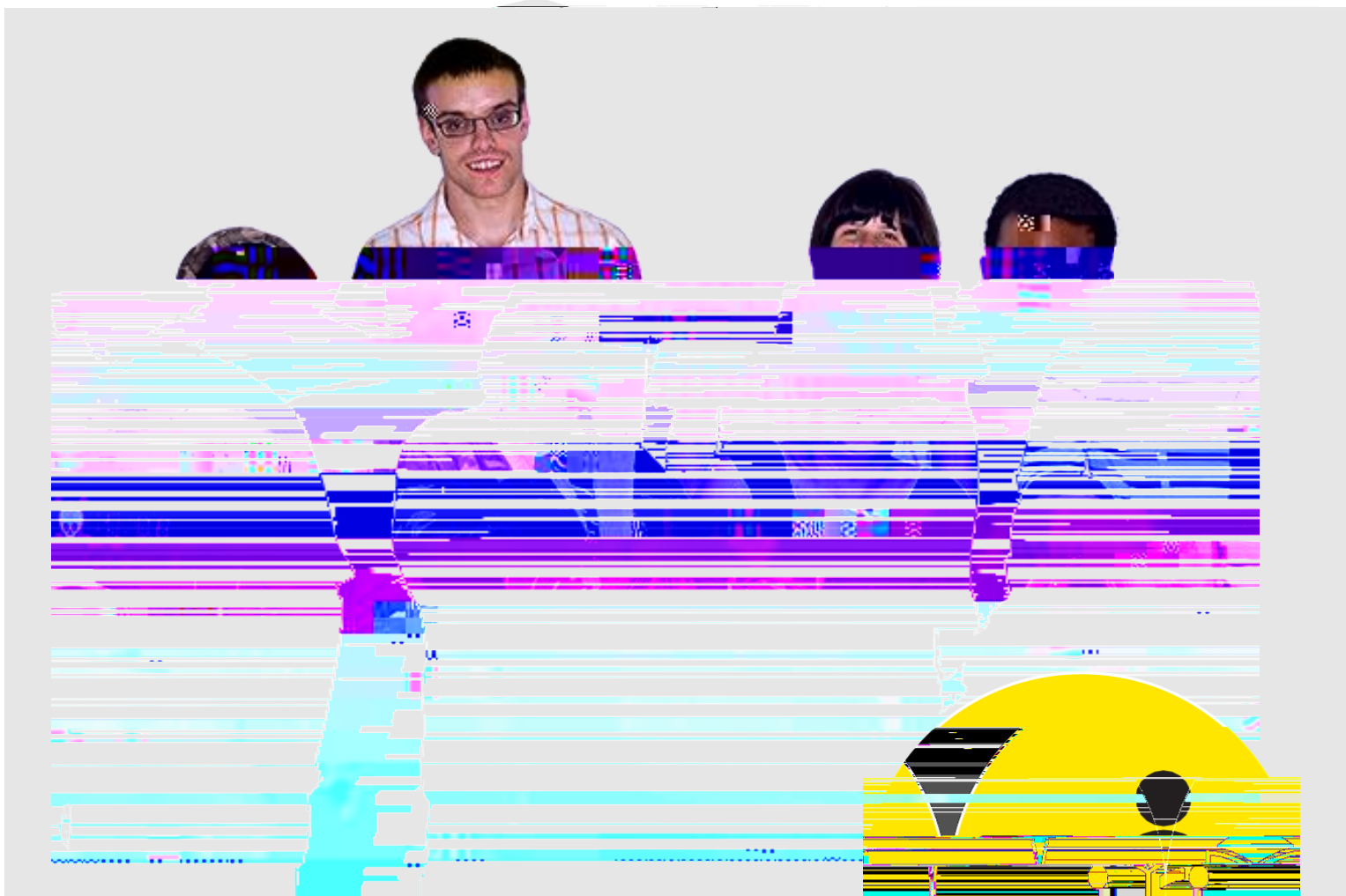


# SPRC

Social Policy and Research Centre

## About people who self manage their NDIS plan



[www.arts.unsw.edu.au/sprc](http://www.arts.unsw.edu.au/sprc)



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About self

# **NDIS self management**

The National Disability Insurance  
Scheme helps people with

You can use the money to do things like

- Find your own support workers
- Buy your own equipment, like a wheelchair



You do not have to self manage your NDIS plan.



You can choose the NDIS or a plan manager to manage your NDIS plan.



This report talks about the people who self manage their NDIS plan.

## About this study

People

# About self managed NDIS plans



Not many people self manage their NDIS plan.



Most NDIS plans are managed by the NDIS or a plan manager.



Self managed NDIS plans have less money in them.

## Which people self manage their NDIS plan



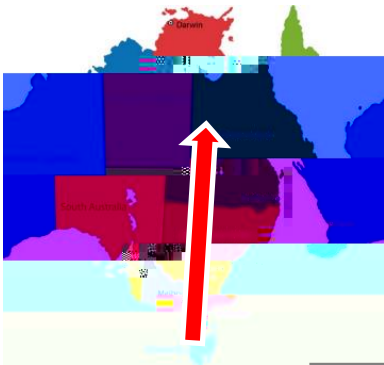
More people in the ACT self manage their plan than in other parts of Australia.

Many parents of children with autism look after their child's plan.

People with disability who self manage their NDIS plan often have

- Spinal cord injury
- Cerebral palsy
- Multiple sclerosis
- Global developmental delay
- H

# Which people do not self manage their NDIS plan



Not many people in the NT self manage their NDIS plan.

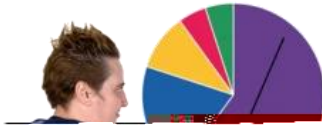
Many people who do not self manage their NDIS plan have



- Psychosocial disability
- Intellectual disability
- A brain injury.



## What this study shows



Most people do not self manage their NDIS plan.



People in some states like the ACT self manage their plans more often than in other states.



People with some disabilities are more likely to self manage their NDIS plans.



We need more studies on what the reasons are.

