## Tables

**Table 1** is a summary of all responses, by question and by theme. The question numbers are in the columns and the key themes are in the rows.
The themes are grouped into 2 response categories

- Benefits of self-management
- Barriers to effective self-management

**The glossary** at the end of this report has definitions of key themes.

### Table 1 Summary of findings

| | Number of responses by question | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | **Q3** | **Q4** | **Q5** | **Q6** | **Q7** | **Q8** | **Q9** | **Q11** | **Q12** | **Total** |
| **Benefits of self-management** | | | | | | | | | | |

**Question 1:** Please select a statement that reflects your current situation:

| Answer choice | Responses |
|---|---|
| I am currently self-managing NDIS supports | % |

**Question 3:** Why do you self-manage or want to self-manage NDIS supports?

| **Key Themes** | **Responses** |
|---|---|
| Flexibility of services | 12 |
| Choice | 12 |
| Control | 12 |
| Efficiency with managing people and costs | 12 |
| Choice and Control | 11 |
| Other | 11 |
| Flexibility and control | 6 |
| Working with non-NDIS registered providers | 4 |
| Flexibility and choice of services | 4 |
| Choice, Flexibility and Control | 3 |
| No answer | 3 |
| **Total answers** | **87** |

| **Solutions** | **Responses** |
|---|---|
| “Resourcing Inclusive Communities is developing a one-day workshop and a series of webinars to help people get started with self-managing their disability supports through the NDIS”. | 1 |
| **Suggestions** | |
| “A simpler system for processing invoices needs to be developed as well as better IT system separate to the old Centrelink system”. | 1 |

**Question 5:** What are the most difficult things about self-managing NDIS supports?

**Question 6:** What do you think are the barriers within the system that make it difficult to self-manage NDIS supports?

| Key Themes | Responses |
|---|---|
| Lack of Information | 31 |
| NDIA or LAC inconsistences | 24 |
| Navigating administration tasks | 21 |
| Other | 10 |

NDIS self-managed plans Family Advocacy survey

NDIS self-

**Question 9:** What would you like to know more about to help with recruiting, training and managing your own staff?

| Key Themes | Responses |
|---|---|
| HR requirements | 27 |
| Nothing | 20 |

| | |
|---|---|
| Teach the NDIS about self-managing | 1 |
| HR support | 1 |
| **Total answers** | **9** |

**Question 10:** Do you think you need help with planning how to utilise supports to create a meaningful daily life?

| | **Responses** | |
|---|---|---|
| Yes | 46.59% | 41 |
| No | 53.41% | 47 |
| No answer | | 2 |

**Question 11:** What skills, knowledge or training would you like to have to help you begin to self-manage or get better at it? g e 0 4

**Key Themes/suggestions**

**Question 12:** What other supports, resources or training do you think could be provided to enable more people to self-manage NDIS supports or improve their experience of it?

| **Key Themes/suggestions** | **Responses** |
|---|---|
| Training/workshop on self-management | 15 |
| Management skills | 9 |
| Other | 9 |

NDIS self-

**Question 14:** Please share any other comments you have on this issue:

| **Key Themes** | **Responses** |
|---|---|
| Other | 10 |
| Cynical about NDIS | 6 |
| NDIS needs to be more accessible for people | 5 |
| NDIS is doing a good job | 5 |
| Self-managing is easy | 4 |
| Hard to self-manage with multiple commitments | 4 |
| Unsatisfactory planning reviews | 4 |
| Great survey | 4 |
| More training and workshops are needed | 3 |
| Nothing | 3 |
| NDIA or LAC inconsistency | 2 |
| Need information about how to avoid mistakes | 2 |
| Need clearer information | 2 |
| No answer | 48 |
| **Total answers** | **42** |

| **Solutions** | **Responses** |
|---|---|
| Self-management peer support group | 1 |
| **Suggestion** | |
| “Workshops in Armidale” | 1 |

NDIS self-managed plans Family Advocacy survey

| | |
|---|---|
| Support for self-managers | Support for Carers who Self Manage on behalf of their participant, support self-managers with notetaking resources during workshops, provide more information to carers on community supports and resources or training. |
| Easy access to information | More easily accessible and simply worded documentation, easier to find history of claims submitted. |
| Self-management guide / template for participants | More detailed self-management guide given to participants, a master template for financial management and mini business plan. |
| Everything | Everything |
| Nothing | Nil, n/a, nothing, not sure |
| Other | Other responses which were not common across the data or did not answer the question. |