NACBO Research Plan

Prepared for:

Economic and social opportunities and roles are available, diversity is valued and recognised. The rights of people with disability are protected; communities are inclusive and accessible; people have personal and community support and maintain their health and wellbeing

Society – employers, teachers, peers, citizens, governments – expect to connect and work with people with disability

A focus of the research will be to identify the characteristics of the NACBO model that enhances capacity building, leads to inclusive lives as outlined by Australia's Disability Strategy 2021-2031 – from the protection of rights, economic security, to maintaining social connections, health and wellbeing.

NACBO organisations deliver values based capacity building with people and their support networks with the goal of enabling fuller social and economic participation of people with disability. Underpinning this is a commitment to developing opportunity for people with disability and families to influence change themselves through their leadership in their lives and communities. Principles of mutual respect, valuing, purposeful change, soci vuripatudD0 ucal 6 (s)4 (at)2nader62 (h)10 13.9 (e (s)4 -0.002 s)4 (upp)1
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2 Research approach

2.1 Research questions

Impact of NACBO

1. What impact does NACBO have on the lives of people with disability? What changes are people experiencing (are people reaching their potential)? How to the changes contribute to the ADS outcomes
    a. Learning and skills
    b. inclusive and accessible communities
    c. protection of rights
    d. economic participation and security
    e. personal and community support/connection
    f. health and wellbeing

2. Does the project shift (people's and allies, families) mindsets?
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3 Methods

3.1 Stakeholders in the evaluation

The research will engage with and collect data from the key stakeholders in NACBO:

People with disability in NACBO projects, capacity building, leadership, and groups over the life course

Families and supporters of people in NACBO

Staff, managers and volunteers in NACBO in each of the 6 sites

Partner organisations in the local communities.

3.1.1 Data matrix NACBO evaluation

Method	2022 (year 1)	2023 (year 2)	Who collects data?
Significant Change Story, person with disability, in inclusive method capturing change over the life course (before and during NACBO funding)	5 inclusive interviews to develop for Stories of Change with NACBO participants at each of the 6 sites (past and current change)	Repeat – longitudinal data collection with the same or replacement 5 NACBO participants	Shared data collection between researchers and NACBO sites
Interviews with stakeholders – managers, family/friend or group facilitator/staff NACBO	5 interviews per site x 6 = 30	Longitudinal (repeat) interviews, ideally with the same 5 stakeholders from year 1 to document change over time	Research team collect all interview / focus group data0.8 (ec)-4 (t)-1(f)-7

agency and reflect on how it may have changed since engaging in the capacity building activities. Our inclusive interview approach will ensure that people can involve a family member or other supporter in the data collection process.

A significant change story can be collected by a member of the university team and/or the NACBO facilitator, depending on the preferences of the person and other considerations (e.g., COVID health advice).

The disability inclusive method/interview takes around 20 to 45 minutes. All data are collected in person by a disability inclusive method trained NACBO staff or researcher.

This method has been developed based on a previous UNSW research project that used significant change stories to explore empowerment of people with disability with homelessness (Enable In Action Research, 2020).

The research methods with people with disability and specific questions will be refined at the co-design meeting in 2021.

3.3.1 How to choose significant change stories

The aim of a story of significant change is to demonstrate how the NACBO model made a difference and the many ways it is impacting on people with disability, their families and supporters.

The significant change story could reflect,

Significant change – what change did the person gain from their perspective (what mattered to them)

Describe different aspects of the NACBO model – education, follow up, leadership

Demonstrate the (how the capacity building organisation and model achieved this change) and changes were achieved.

3.3.2 Recruitment of stakeholders and participants

We will ask each NACBO agency to provide participants with information about the interviews and inform them that participation is voluntary. We are mindful of our duty of care to participants. We will provide participants with transparency around how the research findings will be used, and where appropriate will provide them with extracts