# HS091 Health Monitoring Guideline

## Introduction

The purpose of this guideline is to provide information on situations where air monitoring or health monitoring could be needed at UNSW.

| 1. Scope               |   | 1                |
|------------------------|---|------------------|
| 2. Prevention of expos | sure  | 2                |
| 3. Air monitoring      |   | 2                |
| 4. Health Monitoring   | Chemicals   | 2                |
| 5. Health Monitoring   | Ionising radiation  | 3                |
| 6. Health Monitoring   | Laser equipment   | 3                |
| 7. Health Monitoring   | Noise   | 4                |
| 8. Health Monitoring   | SCU₹48()r5.B772 9.96 171 0 0 1 147.86 385.03 17n0 g0 G()]2ECC0.000008871 0 595.32 8 | 41.92 reW*nB/112 |

<sup>\*</sup>This document is under review, if you have any input, please email safety@unsw.edu.au.

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| (a) the worker is carrying out ongoing work using hazardous chemicals listed in Schedule 14 of the Regulation (see <i>HS628</i> ) and there is a significant risk of exposure | WHS |
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- sudden damage caused by strenuous activity, or unexpected movements such as when loads being handled move or change position suddenly.
- a combination of these.

Regular hazardous manual tasks must be assessed to eliminate or reduce the risk (e.g., through engineering controls). If the risk still exists any staff or students who carry out the hazardous manual task on a regular Whhhld dia YicYZg\d] b dchdgc\id VhhZhhi] Z cYkYj Vah VWahld j cYZg\d Zi] ZiVh h.

## 14. Consult with the worker

Workers should be informed by their supervisor about the possible health effects from exposure to

- a) any advice that test results indicate that the worker may have contracted a disease, injury or illness as a result of carrying out the work that triggered the requirement for health monitoring, or
- b) any recommendation that the University take remedial measures, including whether the worker can continue to carry out the work.
- All other persons conducting businesses or undertakings who have a duty to provide health monitoring for the worker as soon as practicable after obtaining the report.

Where an adverse health monitoring result is obtained which can be attributed to the workplace exposure, actions should be taken to minimise any further risks to the health and safety of the individual. If the worker has been certified unfit for further exposure to the hazardous chemical, then the worker should be relocated to alternative duties to ensure exposure is prevented.

#### 17. Recordkeeping

Health monitoring records should be maintained for a period of 30 years from the date of last entry. Confidentiality is required for all health monitoring records and disclosure to another person must not occur I ↑] dj i i] Z I dg Zgh I gîiZc XdchZci.

### 18. Refusing health monitoring

Workers must follow any reasonable instruction given by UNSW to allow the university to comply with health monitoring duties. If you refuse, you may be contravening your duties under the *Work Health and Safety Act 2011* (NSW).

## 19. Acknowledgements

Work Health and Safety Act 2011 (nsw.gov.au)
Work Health and Safety Regulation 2017 (nsw.gov.au)
List of codes of practice | SafeWork NSW
Resources | Safe Work Australia

intro to health surveillance guidelines (safeworkaustralia.gov.au)

xit mployment

| Work type:                          | Initial employment  | Ongoing                                   | Exit employment | Requirement   | How  |
|-------------------------------------|---|---|-----------------|---|--|
| SCUBA Diving E.g., Dive researchers | Certificate of medical<br>fitness before diving<br>work or diving training<br>commences | Comply with conditions of the certificate | n/a             | Regulation – 168 -<br>170 of WHS<br>regulation 2011 | Contact Faculty/area HR Manager to arrange diving certificate through VerifyCV. OR Arrange appointment at specialist Dive GP (Prince of Wales Hospital |
|                                     |   |   |                 |   | has a department of Diving and Hyperbaric Medicine)  |

| Work type:   | Initial employment  | Ongoing   | Exit employment | Requirement   | How   |
|--|---|---|-----------------|---------------|---|
| Manual handling work (heavy lifting of items or persons) or physically demanding work on a regular basis  E.g., Grounds, childcare, mortuary, stores staff | Questionnaire and<br>Health Assessment                          | At a frequency determined during the initial monitoring | n/a             | n/a           | Contact Faculty/area HR Manager to arrange health monitoring through VerifyCV OR Arrange appointment at UNSW Health Service                     |
| Work in a Clean Room   | Questionnaire and<br>Health Assessment                          | n/a   | n/a             | n/a           | Arrange appointment at UNSW Health Service  |
| IMMUNISATIONS  |   |   |                 |               |   |
| Work involving exposure to blood or tissues of cattle, sheep, goats, pigs, or native animals   | Pre-vaccination<br>screening followed by<br>Q Fever vaccination | n/a   | n/a             | AS2243.3:2010 | Complete HS427 Immunisation Form Contact Sydney University Health Service, or medical practice licensed for Q fever Or UNSW Canberra HR Manager |

Work handling animals or soils