

# Home Work/ Pre Work Policy

The HREAP is responsible for ensuring ethical obligations are met with specific regard to SONA 1 participants and their interactions with the SONA system

refers to tasks that participants are asked to complete either before attending the first study session (pre work), or tasks that participants are asked to undertake after attending the main study session (homework). Homework tasks may take place after the first study session or between the first study session and the second study session (in a two part study). An example of pre work could be completing a brief questionnaire prior to attending the first study session. Homework might include tasks like completing a brief measure repeatedly over a number of days eg sleep quality or intrusive thoughts

**Allocating points for time spent - irrespective of whether all elements in the study are**

**tasks**

This can be achieved through the allocation of 'additional points' for home/pre work activities in SONA. The closer the correspondence between the time spent and the points allocated, the better

**2 Participants are aware of how points are allocated. This information & endpedialP**

- a The 255 characters should be used to communicate the range of tasks, the procedure and the pro-rated recompense participants should expect from their involvement in your study.
- b Eg, You will receive max 1.75 points for your participation: 1pt for face to face lab session (1h); plus up to 0.75 additional pts for monitoring homework for three days (pro-rated).

**3 Participants are aware of any relevant eligibility criteria that may affect their ability to participate in further components of the study and get all of the advertised credit**

- a i.e. participants are made aware of the proportion of pre work or homework needing to be completed to be eligible to complete other study elements
- b For example, the participant in the example above enrolled in a 2 part study with 30 minutes of homework should be made aware that they must complete at least 15 mins of the homework tasks in order to be eligible to participate in the second study session