



## The efficacy of prebiotics and probiotics in reducing ocular signs and symptoms of Sjögrens syndrome-related dry eye

Researchers at UNSW, Sydney (The University of New South Wales) are seeking volunteer research participants to learn about the effect of probiotics and prebiotics on Sjögrens syndrome-related dry eye (primary and secondary Sjögrens syndrome). Probiotics are live bacteria intended to have health benefits when consumed; and prebiotics are a special form of dietary fibre.

### Would the research study be a good fit for me?

The study might be a good fit for you if:

- Are aged over 18 years
- Currently have been diagnosed with Sjögrens syndrome-related dry eye.